



BREAKFAST MENU

SERVED 7.00 - 10.00 AM (8AM TILL 10.30AM SUNDAY)

FROM THE BREAKFAST BUFFET

A selection of meats and cheese's

Bowls of fresh fruit consisting of pineapple, watermelon, grapefruit, honeydew melon

Bowls of poached fruits consisting of prunes, apricots and figs

Homemade granola

Croissant's and pastries

Cereals

Local yoghurt

Seeds and nuts

MADE TO ORDER

The Cornwall hotel full Cornish breakfast

Consisting of Local pork sausage, back bacon, hog's pudding, sautéed mushrooms, grilled tomato, hash brown potato cake and a choice of eggs (fried, poached or scrambled) (E, G)

The Cornwall hotel Vegetarian breakfast

Consisting of vegetarian sausages, sautéed mushrooms, hash brown potato cake, grilled tomato

and a choice of eggs (fried, poached or scrambled) (E, G, V,)

Homemade American style pancakes (£2.00 supplement)

With bacon and maple syrup (G, E, M) or fruit compote and Cornish clotted cream (G, E, V, M)

Eggs your way (£2.00 supplement)

Florentine (G, E, V), Benedict (G, E) or Royale (F, G, E) Served on a breakfast muffin with Hollandaise sauce

Oak smoked salmon with scrambled eggs

(F, E, M)

Porridge

Served either healthily cooked in water with banana and honey Or tastily with Cornish clotted cream and sugar (M, V)

Boiled eggs cooked to your liking with soldiers (E, V, G)

Omelette

Mushroom or egg white (E, M)

Smoked haddock and poached egg (£2.00 supplement) (F, M, E)

Grilled Kippers

Served with, lemon, Granary bread and butter

For your information and reassurance, all dishes show which potential allergens they may contain: C=Celery; Cr=Crustacean; E=Egg; F=Fish; G=Gluten; M=Milk; Mo=Molluscs; Mu=Mustard; Pe=Peanuts; Se=Sesame; So=Soya; Su=Sulphites; TN=Tree Nuts; V= dishes suitable for vegetarians